

Behaviors: Be Careful When Using Stairs and Ladders

Why?

Using stairs and ladders requires caution because they can pose significant safety risks if not used properly.

What?

- ✓ Always maintain three points of contact when using stairs and ladders.
- ✓ Never rush by skipping steps or ladder rungs.
- ✓ Proceed with extra caution when slippery conditions are caused by wetness, snow, debris.
- ✓ Always report damaged stairs and ladders.



Questions

Open-ended questions

- What can you do to stay safe when using stairs and ladders?
- How do you report an unsafe ladder or stairs?
- Why is maintaining three points of contact important when using stairs and ladders?



Experience-based questions

- Have you ever slipped or seen someone slip on stairs or a ladder? What happened, and what could have been done to prevent it?
- Have you ever had to use a ladder in challenging conditions? What did you do to stay safe?
- Can you share an example of when reporting a damaged ladder or staircase prevented an accident?



What would you do?-questions

- If you notice a co-worker carrying heavy items up a ladder without maintaining three points of contact, how would you intervene?
- You're about to use a ladder but realize it's slightly wobbly. What should you do before proceeding?
- If you see that a staircase is wet or covered in debris, what steps should you take to ensure safety for yourself and others?



Spot the improvement-questions

- Are there any areas in our workplace where ladder safety is often overlooked? How can we improve it?
- How can we ensure that damaged stairs or ladders are identified and reported before they become a safety risk?
- What improvements could we make to reduce slip and fall hazards on stairs and ladders, especially in wet or dirty conditions?

