Slip, Trip and Fall

Why?

Slips, trips, and falls are a leading cause of workplace injuries—and even death. They often happen due to wet or uneven surfaces, poor lighting, cluttered walkways, or unsafe behavior like rushing or lifting improperly. The good news? With awareness and safe habits, they are easy to prevent.

What?

✓ Stay aware of your surroundings — especially floors, walkways, and stairs — and avoid rushing.
✓ Clean up spills or debris immediately, or report them.
✓ Keep workspaces clear and well-lit; wear proper footwear and use handrails when needed.
✓ Report unsafe conditions right away and speak up if you see someone at risk.
✓ If I am unsure of the requirements I will stop work immediately and contact my supervisor.

Questions

Open-ended questions

- What are some everyday things we can do to prevent slips, trips, and falls?
- Why do you think these types of incidents are so common in the workplace?
- What makes people more likely to take risks or ignore unsafe walking surfaces?

Experience-based questions

- Have you ever experienced or witnessed a slip, trip, or fall at work? What happened?
- Can you think of a time when a small change prevented someone from falling?
- Have you ever reported a hazard that could have caused a slip, trip, or fall?

What would you do?-questions

- You see a spill on the floor, but you're in a rush to get somewhere. What do you do?
- A co-worker is walking with their arms full, unable to see where they're going. How would you handle it?
- There's poor lighting in a hallway where people often pass through. What steps could you take?

Spot the improvement-questions

- What areas around us are most at risk for slips, trips, or falls—and how could we improve them?
- What could be done to make it easier to notice and act on slip or trip hazards?
- How can we help create a culture where everyone looks out for these kinds of risks?