

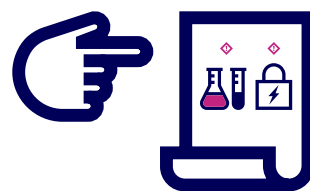
# Behaviors: Follow Life Saving Rules

## Why?

Following the life saving rules will help to prevent critical injuries and/or death.

## What?

- ✓ The 7 life saving rules are based on the highest risk associated within our work environment.
- ✓ The 7 rules are related to working with: Suspended Loads, Hazardous Energies, Hazardous Machinery, Vehicles and Pedestrians, Heights, Confined Space, Chemicals.
- ✓ The life saving rules have specific commitments and procedures for you to follow when working with them.



## Questions

### Open-ended questions

- What life saving rules are you exposed to the most?
- What can happen if you do not follow the life saving rules?
- Why do we need life-saving rules, even for experienced workers?



### Experience-based questions

- Have you ever witnessed a situation where someone ignored a life-saving rule? What happened, and what was the outcome?
- Can you share an example of when following a life-saving rule prevented a serious incident?
- Have you ever worked in a situation where life-saving rules were not prioritized? How did that impact safety?



### What would you do?-questions

- If you see a colleague ignoring a life-saving rule because they “know what they’re doing,” how would you address the situation?
- You are assigned a task that involves multiple life-saving rules, but you are unsure about some of the procedures. What should you do before starting?
- If you hear someone say, “I’ve done this a hundred times without an issue,” how would you remind them of the importance of the life-saving rules?



### Spot the improvement-questions

- Are there any life-saving rules that seem harder to follow in our workplace? How can we make them easier to comply with?
- What improvements could be made to ensure that everyone fully understands and remembers the life-saving rules?
- How can we create a stronger culture where everyone feels comfortable reinforcing life-saving rules with their colleagues?

